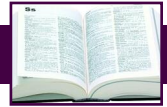


# Suggested Resources



## New Resources for Caregivers

- **Carefinder**

[www.alz.org/carefinder](http://www.alz.org/carefinder)

A new Web site sponsored by the Alzheimer's Association, which includes sections on planning ahead for sudden changes in the type of care a patient with Alzheimer's disease may need, care options, coordinating care, support, and resources. The site also features an interactive tool that recommends care options for individual patients and generates questions to ask when screening care providers or facilities. In using the interactive tool, a caregiver has to provide information about the patient's specific stage of dementia. If the patient's physician hasn't provided enough details for the caregiver to do so, he or she can print out a form from the Web site for the doctor to fill out.

- **Twenty Common Nursing Home Problems—and How to Resolve Them**

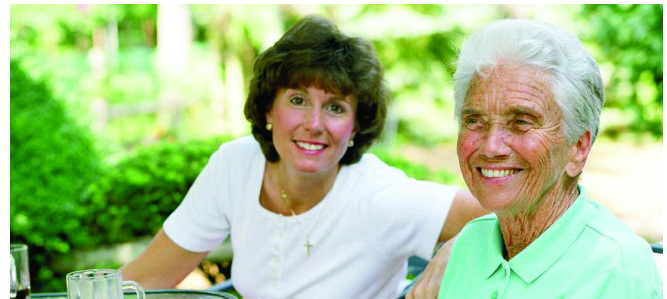
[www.cmwf.org/tools/tools\\_show.htm?doc\\_id=343026](http://www.cmwf.org/tools/tools_show.htm?doc_id=343026)

A new booklet by Eric Carlson (a lawyer who has worked as an advocate for nursing home residents for 15 years) offers information to help better understand the rights of nursing home residents and their families. The booklet highlights "standard operating procedures" at many facilities that run afoul of the federal rules governing them. For example, by law, nursing homes are required to meet with the resident and the resident's representative at least once a year to update the resident's individualized care plan. But many families are shuttled through such meetings, leading to plans with boilerplate language about providing comfort and caring for needs. Instead, families could use those meetings to spell out the resident's preferences for when to wake up, go to bed, what to eat, and other personal issues. An excerpt from the guide is available on the National Senior Citizens Law Center (NSCLC's) Web site ([www.nsclc.org](http://www.nsclc.org)). An online copy of the 34-page booklet costs \$7.95.

- **Becoming an Effective Advocate for Care**

[www.maturemarketinstitute.com](http://www.maturemarketinstitute.com)  
or call (203) 21-6580

This 20-page booklet is the latest in the "Since You Care® Guide" series published by the Mature Market Institute, a resource center and part of MetLife Inc., contains practical advice and a list of resources for those who have to deal with physicians, insurers, and other medical providers on behalf of a loved one.



- **National Assisted Living Nurses Association (NALNA)**

[www.nadona.org](http://www.nadona.org)

The first educational organization formed specifically to provide support and advocacy for nursing professionals in the assisted living (AL) setting. As members of NALNA, AL nurse professionals will form their association under the umbrella of The National Directors of Nursing Administration/Long-Term Care (NADONA/LTC), the leading nursing education organization in long-term care. NADONA/LTC leadership has purposefully identified common issues and areas of mutual interest between LTC and AL nursing professionals. Many opportunities for collaboration in educational excellence and professional development exist in these professions. NALNA was formed with the mission of providing that excellence.

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## News to Use

### ASCP Sends Letter of Support for Assisted Living Bill

The American Society of Consultant Pharmacists (ASCP) recently sent a letter to Senator Gordon Smith (R-Ore.), in support of a bill (S. 2409) he is sponsoring that would exempt dual eligible beneficiaries living in AL from copay requirements under the Medicare Part D program. Additionally, ASCP signed onto a letter from several other groups supporting the bill.

There is a model grassroots letter available on ASCP's Web site for members to use to submit their own letters to Congress, urging the bill's passage. Visit [www.ascp.com/advocacy/center/](http://www.ascp.com/advocacy/center/) to send a letter of support to your members of Congress.

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