

Assisted Living Consult Contents

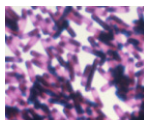
Advancing Senior Care Outcomes

Volume 3, Number 5 • September/October 2007

Feature Articles

12 Nutrition Therapy for Clostridium difficile Diarrhea

In the elderly population, diarrhea caused by *C. difficile* often results from the use or overuse of certain antibiotics. Probiotics and prebiotics may offer some relief.



14 Living and Dying Well: A Whole-person Approach

Applied to palliative care, the principles of whole-person wellness offer an approach to care that enhances quality of life when an individual decides not to pursue curative treatment.



19 Keeping Dementia Residents Safe

The author offers suggestions for improving outcomes in four specific areas of safety concern—wandering and elopement, falls and injuries, challenging behaviors, and polypharmacy.

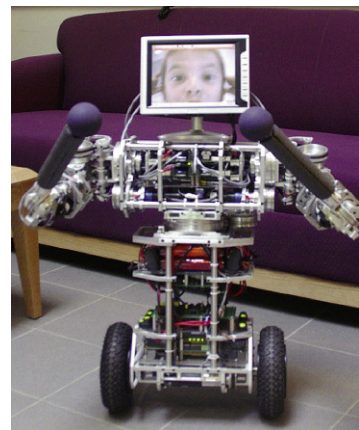


22 Congestive Health Failure in Older Adults

Treating CHF in residents of assisted living (AL) facilities or other long-term care venues can be daunting. But by following the evidence-based advice offered in this article, practitioners can successfully monitor and treat these aged residents within their residences.

28 Lending a Helpful (Robotic) Hand

Imagine a knee-high robotic device capable of scheduling residents' calendars, escorting them to events, and sweeping the floor of hazardous objects to prevent falls—sound impossible? The day is near when uBot-4 (or its future, improved version) will lend residents a helping hand with these tasks and more! AL residents are providing input for the development of these helpful robots!



31 Biometrics as an Assistive Technology

When integrated with applications to identify, track, and monitor AL residents, biometric technologies enhance staff responsiveness and foster a greater sense of independence and well-being among residents.

46 PERSONAL REFLECTIONS ON ALZHEIMERS Is This as Good as It Gets? Is This All?

"Keeping track of the details is a monumental job for me," writes Richard Taylor, PhD. "Even with everyone being cooperative and supportive, it is a constant source of frustration for me."

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On the Cover: Outdoor gardening is one way residents Nettie Smith, Florence Rosza, and Jay Kaplan (front to back) take advantage of the southern Californian sunshine at their home, Silverado Senior Living, Escondido.

Photo courtesy of Silverado Senior Living.

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Group Publisher

Gregory P. Osborne

Associate Publisher

David J. Ricci

Editor-in-Chief

Richard G. Stefanacci, DO, MGH, MBA, AGSF, CMD

Consulting Editor

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Editorial Director

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Copy Editor

Jennifer Maybin

Art Director

David Beverage

Traffic/Production Manager

Jennifer Kenny

National Sales Manager

Tyra London

Published by

HealthCom Media

259 Veterans Lane, 3rd Floor

Doylestown, PA 18901

Telephone: 215-489-7000

Facsimile: 215-489-7007

www.healthcommedia.com

Gregory P. Osborne

President, Managing Director

David Dierk

Director

Mark DiLuigi

Director

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Mission Statement

Assisted Living Consult provides the professional caregiving team—including nursing staff, physicians, pharmacists, and administrators—with insight, advice, news, and practical tips to improve health outcomes for elderly residents.

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